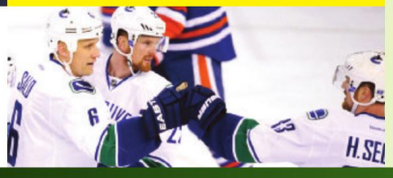
GOAL FEST
CANUCKS START ROAD TRIP BLASTING PAST OILERS, 5-2 {page 17}

DATE BONBONS
A TREAT YOU CAN MAKE WITH THE KIDS
{page 14}



IT'S IN THE DETAILS
EASY WAYS TO MAKE SOMEONE HAPPY {page 13}

VANCOUVER metro®
Monday, February 20, 2012
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News worth sharing.

On a quest for a rose

Casting call for The Bachelor Canada gets great response ◐ Show debuts on Citytv this fall

PHYLICIA TORREVILLAS
@METRONEWS.CA

PHYLICIA TORREVILLAS/METRO

▶ Ashley Page, 27, fills out an application form Sunday to become one of the 25 bachelorettes vying for the heart of the first Canuck Mr. Right.

The journey to get the final rose has begun as single ladies came out Sunday for a chance to compete for one man's heart on The Bachelor Canada.

More than 200 bachelorettes lined up outside the Loden Hotel on Melville Street to get a spot on the Canuck version of the American hit reality match-making series.

Michelle Svisdahl, 22, of Maple Ridge, said she's ready to settle down and find someone to experience life with.

"It's hard to find good men, so The Bachelor seems (to) fit," she said. "My yoga teacher, she actually came up to me and was like, 'You have to go. I had a vision that you were going to it, so you need to go.'"

Ashley Page, 27, a registered massage therapist, said she's not worried about the track record of the couples in the show that don't end up going down the aisle.

"I realize that some of the circumstances in the show are sped up for a relationship, but if you take it day by day, after that there's no reason that it can't work out," she said.

Sean De Vries, supervising producer of The Bachelor Canada, said he was floored by the turnout.

"To see how they can doll themselves up so early in the morning on a Sunday, I'm impressed," he said. "But more than that, I'm impressed with the sincerity and the stories they're telling.

"There are a lot of women who are truly ready to fall in love and want to do this sincerely."

Until next year

Longing for a Family Day

◐ BCFed vows to follow up on government's promise of holiday in 2013 {page 3}

What a teenager needs

◐ Relationships at home, with peers critical to positive mental health: Study {page 16}

Budget to be tight-fisted

Finance minister says tight rein on spending to pave way for balanced budget in 2013 {page 4}

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Families deserve a break, says BCFed

B.C. Federation of Labour renews call for February holiday in B.C. Government promised Family Day in 2013

MATT KIELTYKA
@METRONEWS.CA

Wouldn't you rather be at home?

Today could have very well been Family Day in B.C., a much-deserved statutory holiday for working families during that gruelling stretch between New Years and Easter without a single weekday off.

The holiday was a promise of Premier Christy Clark during her Liberal leadership bid, but instituting it in time for 2012 was deemed unrealistic.

B.C. Federation of Labour president Jim Sinclair is putting the pressure back on the government to ensure British Columbians get a break in 2013.

"It's critical to people's sanity," said Sinclair, adding that Ontario, Saskatchewan, Manitoba and Alberta give a February long weekend to its residents. "People are working more and more, but at the end of the day, time off is not a negative for the economy. It boosts productivity, lets people spend time with their families and they're out spending money and putting it back into the economy."

"People are working more and more, but at the end of the day, time off is not a negative for the economy. It boosts productivity, lets people spend time with their families and they're out spending money and putting it back into the economy."
B.C. FEDERATION OF LABOUR PRESIDENT JIM SINCLAIR

Sinclair said he would hold Clark to her word.

"There is no guarantee," he said. "She said she will bring it in, but what if the economy isn't in better shape next year? Who knows what the excuse will be. We've been fighting for this for five years and will continue to fight."

KRISTEN THOMPSON/METRO FILE

▶ Christy Clark, at her Vancouver office in January 2011, circles the day in February when she'd like to see a statutory holiday in British Columbia.

Field blocked off after motorist spots body

Homicide investigators blocked off a field in rural Abbotsford Sunday after a passing motorist discovered a dead body.

The witness was driving down the 33600 block of Farmer Road when he noticed what looked like a body.

He immediately called police, who confirmed the death of an adult male and launched an investigation.

Abbotsford police then handed the investigation over to the RCMP's regional Integrated Homicide Investigation Team.

Details remain scarce as police have yet to confirm the cause of death or identify the deceased man.

The investigation continues. MATT KIELTYKA

Child drinks date-rape drug

A seven-year-old Langley girl is recovering after apparently overdosing on the date-rape drug.

RCMP were called to a home in the 5500 block of 209 Street Saturday night and discovered the small child unconscious.

The girl was rushed to hospital and is now expected to make a full recovery.

Police learned that the girl may have ingested the drug GHB by unknowingly drinking it out of a water bottle.

Police are trying to determine whether criminal charges will be recommended and the Ministry of Children and Families have also been called to look into the incident.

MATT KIELTYKA

1 news

News Corp. has announced that The Sun, a new tabloid designed to replace the disgraced News of the World, will rise next week. Scan the code to read the story.

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Hundreds of cars decked with ribbons and balloons join demonstrators in Moscow demanding free elections in Russia. Watch at metronews.ca/video

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Tight reins needed on budget: Falcon

Finance minister says there will be no increases but government will 'protect critical spending'

Finance Minister Kevin Falcon says he plans to introduce a tight-fisted budget on Tuesday that holds the reins on spending during turbulent economic times and helps pave the way for a balanced budget next year, an election year.

His message heading into budget day is somewhat more positive than his tone last fall, when Falcon provided an economic update that included a budget deficit forecast of $3.1 billion and public suggestions that British Columbia may not reach its legal balanced budget target for the 2013-2014 budget year.

But he's been sounding more confident lately, suggesting that holding tight on Tuesday's budget and emerging signs of economic improvements will allow him to balance the books over the next year.

"We are going to make sure we continue our tradition of being fiscally disciplined to ensure we get back to balanced budget in 2013-2014 and retain our triple-A credit rating, the highest a government can receive," Falcon said.

He added the government won't be slashing programs in the budget, but he suggested there won't be much in terms of spending increases either.

"We're not going to do that," he said. "We will protect critical spending as we always have in health care and education, but we are going to maintain discipline right across government."

The B.C. Government and Service Employees Union said it will be looking for the Liberals to invest in public services after a decade of cuts that have left many branches of government unable to deliver important public services to British Columbians.

THE CANADIAN PRESS

Money talk

- The government recently increased spending by $40 million for its maligned program to help disabled adults and added $15 million for community gaming grants.
- But it's sticking to its pledge not to give striking B.C. teachers a wage increase, which the employer costs at $2 billion.
- Many other B.C. public-service union contracts expire this year, and the Liberals have suggested they are open to some kind of wage increase, but without increasing overall spending.

JEFF HODSON/METRO FILE

▶ Finance Minister Kevin Falcon in July 2009.

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Developers breathe 'sigh of relief'

It's as if Kevin Falcon flicked the real-estate switch back on.

Following the finance minister's announcement of new government rebates for homebuyers as the province transitions away from the HST, one developer says interest in his properties has reignited literally overnight.

David Steele, developer of beachfront Qualicum Landing on Vancouver Island, says his sales centre has seen more activity in the days following Friday's announcement than in the last three months.

Three buyers have put holds on the property until April, when the rebates kick in.

"You can hear the sigh of relief throughout the development community," said Steele. "We were one of the best-selling developments in B.C., and all of a sudden the HST came and everything died down. Now it's like business is back to normal."

Steele said the price difference post-HST compared to now isn't that great because developers give incentives to offset the price.

The major difference is that the rebates do away with much of the fear and the confusion buyers have over the HST and its impending demise.

"No one wants to be that last person that pays the tax," he said.

MATT KIELTYKA

Community. Service

▶ Students from Vancouver's Templeton Secondary prepare meals for residents of the Downtown Eastside Sunday.

CONTRIBUTED/KURT HEINRICH

Students prepare meals for homeless

More than 50 students helped make about 1,000 meals at Oppenheimer Park as part of the Homeground event, organized by the school's culinary arts program, the Carnegie Community Centre and the Downtown Eastside Residents' Association.

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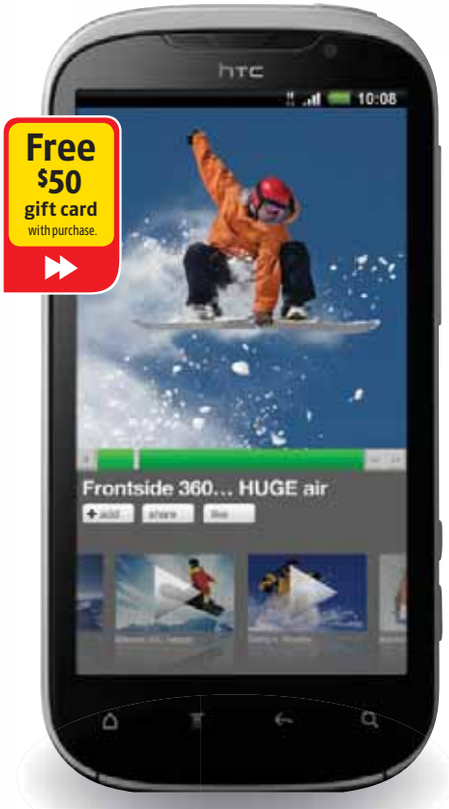

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Canada's foster care system in crisis: Experts

Child advocates paint a grim picture of what awaits children in foster care Report finds caregivers with criminal records, physical abuse

JOHN WOODS/THE CANADIAN PRESS

▶ Jessica Reid spends time with her six-year-old son Nathanial in their Winnipeg apartment last December.

Some children are placed in foster care without full safety checks while others wind up in supervised apartments or overcrowded homes, say child advocates who warn of a deepening crisis across the country.

"There are problems when you hear people from the front line talking about the fact that we're placing kids in homes where the study hasn't been done," said Peter Dudding, executive director of the Child Welfare League of Canada. "We've got kids being placed in homes where the home is over the allowable number of children.

"This is just wrong. And it's dangerous."

British Columbia's children's advocate has reviewed the child welfare system extensively over the years, finding numerous instances of children being placed in homes that weren't adequately screened.

Mary Ellen Turpel-Lafond, B.C.'s representative for children and youth, said some caregivers had criminal records involving sexual offences, but were used because the welfare system was desperate for a placement.

In one case, a four-year-old girl was removed from the care of her aunt in 2006 after she was found to be neglected, malnourished and suffering from recurring physical abuse. An investigation found that the aunt had not been appropriately screened.

"My sense is that there have been some improvements, but I'm still seeing cases where people don't know how to do the screening or they're bypassing screening," she said of an overhaul of the provincial system in 2010 following one of her audits.

"In remote areas, we are still seeing social workers not getting access to criminal records."

Corinna Filion, a spokeswoman with the B.C. Ministry of Children and Family Development, said all foster parents in the province must complete a comprehensive screening and assessment process. Since 2010, she said the department has stepped up criminal record checks on foster parents to every three rather than five years, and an online system is expediting criminal record checks.

THE CANADIAN PRESS

Foster care

Anyone seeking a national snapshot of the average child in foster care in Canada, especially how their experiences helped shape their adult life, is flat out of luck.

- **No reliable** national statistics exist on children in foster care in the country, a situation compounded by the differences in how data is collected at the provincial and territorial levels.
- **It can easily cost** taxpayers $1 million to care for a child who comes into foster care as an infant and leaves when they're 20, says Virginia Rowden, social policy director for the Ontario Association of Children's Aid Societies.
- **"I want to know how** that investment made a difference," she said. "We don't have a way of doing that." Knowing how a child turned out can be helpful in determining the efficiency of services, she said.
- **The lack of** reliable national data on kids in foster care in Canada is something that can pose a challenge to policy-makers, observers say.
- **Members of** a Parliamentary committee studying adoption in Canada found the lack of national data was a hurdle in completing their work.

A foster child's tale of time in the system

Jessica Reid went from foster care to drug addiction to having her son cared for by others before finding a happy ending that she traces back to one loving soul.

Her name was Joan and she was a respite worker who took Reid into her home in Gimli, Man., when she was a scared, lonesome 13-year-old.

"She actually cared," Reid, now 29, said from Winnipeg where she's raising her six-year-old boy, Nathanial, and studying child and youth care at Red River College.

"She'd take me to get my hair cut and take me on trips.

"I want to be that person for somebody else. She was there for me."

Numerous studies show that children raised in foster care face higher risks of homelessness, criminal conviction, mental-health issues and addiction.

THE CANADIAN PRESS

Elizabeth Smart marries in Hawaii

Elizabeth Smart, the young woman from Utah who was kidnapped at knifepoint at 14 and held captive for nine months by an itinerant street preacher, married her Scottish fiancé Saturday at a Mormon temple in Hawaii.

A family spokesman said she married Matthew Gilmour, of Aberdeen, Scotland, on Oahu's North Shore.

The 24-year-old Smart is in her last year at Brigham Young University.

She met Gilmour while doing Mormon missionary work in Paris.

The couple wed at the Laie Hawaii Temple of The Church of Jesus Christ of Latter-day Saints in front of a small group of family members, spokesman Chris Thomas said in a statement. The group then celebrated at a private reception and luau.

Smart and Gilmour got engaged last month and made plans to wed this summer. However, Smart opted to move up the ceremony because of the media attention her engagement was getting, Thomas said.

THE ASSOCIATED PRESS

CATHOLIC CHURCH

Pope elevates 22 cardinals

Looking weary during a third straight day of speeches and ceremony, Pope Benedict led 22 new cardinals in a Sunday mass and prayed for help so that he and his aides can continue to carry out the Catholic church's worldwide mission.

Many of the men who sat before the Pope in front of the Baroque central altar of St. Peter's Basilica, dressed in white robes and wearing their new red birettas, will vote in secret conclave for Benedict's successor after his death.

Toronto Archbishop Thomas Collins, 65, was among those elevated to the College of Cardinals on Saturday.

Benedict, who turns 85 in April, read a long homily in a hoarse voice and looked tired on the third straight day of speeches, rituals and appearances for the new cardinals. Benedict told the new cardinals their main task is to "bear witness to the joy of Christ's love."

The Vatican has been embarrassed by months of intrigue involving alleged corruption and apparent in-house jockeying for power within the hierarchy with a view to the next papacy.

THE ASSOCIATED PRESS

Australia reopens dingo–baby probe

The growl came first, low and throaty, piercing the darkness that had fallen across the remote Australian desert. A baby's cry followed, then abruptly went silent.

Inside the tent, the infant girl had vanished. Outside, her mother was screaming: "The dingo's got my baby!"

With those panicked words, the mystery of Azaria Chamberlain's disappearance in the Australian Outback in 1980 became the most notorious, divisive and baffling legal drama in the country's history. Had a wild dog really taken the baby? Or had Azaria's mother, Lindy, slit her daughter's throat and buried her in the desert?

Thirty-two years later, Australian officials hope to finally, definitively, determine how Azaria died when the Northern Territory coroner opens a fourth inquest Friday.

Lindy Chamberlain, who was convicted of murdering her daughter and later cleared, is still waiting for authorities to get to the bottom of the case that made her the most hated person in Australia.

THE ASSOCIATED PRESS

News in brief

Drills go ahead, despite threats from N. Korea

LIVE-FIRE. South Korea conducted live-fire military drills Monday from five islands near its disputed sea boundary with North Korea, despite Pyongyang's threat to attack. South Korea reported no immediate action by North Korea following the drills, which ended after about two hours. They took place in an area of the Yellow Sea that was the target of a North Korean artillery attack in 2010 that killed four South Koreans. THE ASSOCIATED PRESS

Dutch prince in stable condition

AVALANCHE. The Netherlands' royal information service says Prince Johan Friso remains in stable but life-threatening condition two days after he was buried by an avalanche in the Austrian Alps. The 43-year-old was rushed to the intensive care unit of Innsbruck's main hospital Friday after he was rescued from the snow. He had been skiing off marked trails. THE ASSOCIATED PRESS

Emperor has heart bypass

SURGERY. Japan's 78-year-old Emperor Akihito underwent successful heart bypass surgery Saturday and should begin rehabilitation in a few days, doctors and palace officials said. Akihito was being monitored in intensive care at the University of Tokyo Hospital. He was scheduled for the surgery after tests showed his heart condition had worsened from a year ago. THE ASSOCIATED PRESS

Opposition forces gain footing in Syria

Regime continues attacks on protesters, calling the forces 'terrorists' 14 people killed in Syria on Sunday

MOHAMMAD HANNON/THE ASSOCIATED PRESS

▶ Syrians chant anti-Bashar Assad slogans during a protest in front of the Syrian Embassy in Amman, Jordan, on Friday.

[illegible] guerrilla-style ambush that killed a senior state prosecutor and a judge Sunday in an attack that suggested armed factions are growing bolder and more co-ordinated in their uprising against President Bashar Assad's regime.

The roadway slayings — reported in an opposition-dominated northern region by the Syrian state news agency — came a day after a deadly hit-and-run attack on a political figure in the heart of the pro-Assad city of Aleppo.

The targeted killings have not reached Assad's inner circle, but they indicate a growing shift toward violent tactics by the opposition as it brings aboard more military defectors and seeks to tighten control over the small pieces of territory in its hands.

The fears of a looming civil war have neighbouring Jordan racing to finish a refugee camp near the Syrian border to handle a possible exodus of people fleeing for safety. Egypt became the latest Arab nation to publicly snub Assad by ordering the withdrawal of its ambassador in Damascus.

The Syrian government proposed a referendum next week that could allow more political voices to challenge Assad's Baath Party. But the opposition demands nothing short of Assad's resignation. THE ASSOCIATED PRESS

Death toll?

- UN says 5,400 people had been killed in 2011 alone.
- Local co-ordination committees say more than 7,300 have been killed.
- Numbers can't be verified since most foreign journalists and human-rights organizations are banned.

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We're not ready for Arctic boom: Top sailor

Head of navy says Canada needs to boost presence in region Climate change will threaten sovereignty

The head of the Royal Canadian Navy says Canada needs to bolster its military presence in the Arctic to prepare for a boom in human and economic activity resulting largely from climate change.

Global warming is thought to be occurring faster in the North than anywhere else. The gradual disappearance of sea ice is opening up commercial shipping as well as previously inaccessible areas rich with oil, natural gas and mineral resources.

"From a naval perspective, climate change probably means there will be more open water, so the Arctic Ocean will really emerge as the Arctic Ocean," Vice-Admiral Paul Maddison, Commander of the Royal Canadian Navy, said in a recent interview.

"It also means ... that the circumpolar route will probably open to international shipping from Asia to Europe sometime in this century — probably a lot earlier than most people predicted a few years ago," he said.

"I know that major shipping companies are planning now to be able to have ships that are first-year ice capable sailing out of Singapore and over the pole into Rotterdam.

"That's a game changer in my view.... A shorter distance, so less time, less money."

Prime Minister Stephen Harper has been vocal about asserting Canada's sovereignty in the region.

Maddison would like to see more resources put into improving the navy's surveillance abilities in the North.

THE CANADIAN PRESS

By the numbers

- The number of navy personnel shrunk to about 8,500 during the Canadian mission to Afghanistan, Maddison said, so recruitment has been a major focus
- There are now 9,500 regular-force sailors and 3,500 in the reserves.
- As part of the government's national shipbuilding strategy, new icebreakers and Arctic offshore patrol ships are on order. Maddison said the first patrol ship is expected in 2015.

SEAN KILPATRICK/THE CANADIAN PRESS

▶ Vice-Admiral Paul Maddison addresses a news conference at National Defence headquarters in Ottawa in 2010.

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Oakridge Centre
Orchard Park Shopping Centre
Park Royal Shopping Centre
Richmond Centre
Seven Oaks Shopping Centre

RODRIQUE NGOWI/THE ASSOCIATED PRESS FILE

▶ In this Jan. 23 file image taken from video, students try free samples of AeroShot, an inhalable caffeine packed in a lipstick-sized canister, on the campus of Northeastern University in Boston.

FDA to scrutinize caffeine inhaler

- Agency to test if product is safe and can be deemed dietary supplement
- Company says safe amount of caffeine and B vitamins is inhaled

U.S. Food and Drug Administration officials plan to investigate whether inhalable caffeine sold in lipstick-sized canisters is safe for consumers and if its manufacturer was right to brand it as a dietary supplement.

AeroShot went on the market late last month in Massachusetts and New York, and it's also available in France. Consumers put one end of the canister in their mouths and breathe in, releasing a fine powder that dissolves quickly. Each grey-and-yellow plastic canister contains B vitamins, plus 100 milligrams of caffeine powder, about the equivalent of the caffeine in a large cup of coffee.

AeroShot inventor, Harvard biomedical engineering Prof. David Edwards, says the product is safe and doesn't contain taurine and other common additives used to enhance the caffeine effect in energy drinks.

AeroShot didn't require FDA review before hitting the U.S. market because it's sold as a dietary supplement. But New York's U.S. Sen. Charles Schumer said he met with FDA commissioner Dr. Margaret Hamburg and she agreed to review the safety and legality of AeroShot.

"I am worried about how a product like this impacts kids and teens, who are particularly vulnerable to overusing a product that allows one to take hit after hit after hit, in rapid succession," Schumer said.

Tom Hadfield, chief executive of Breathable Foods, which makes AeroShot in France, said in a statement that the company will cooperate fully with the FDA's review to address the issues raised by Schumer and are confident it will conclude that AeroShot is a safe, effective product that complies with FDA regulations.

The company said that, when used according to its label, AeroShot provides a safe amount of caffeine and B vitamins. AeroShot is not recommended for those under 18 and is not marketed to children.

THE ASSOCIATED PRESS

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Iran retaliates by halting oil shipments

Iran has halted oil shipments to Britain and France, the Oil Ministry said Sunday, in an apparent blow against the European Union after the bloc imposed sanctions on Iran's crucial fuel exports.

The EU imposed tough sanctions against Iran last month, which included a freeze of the country's central-bank assets and an oil embargo set to begin in July. Iran's Oil Minister Rostam Qassemi had warned earlier this month that Tehran could cut off oil exports to "hostile" European nations. The 27-nation EU accounts for about 18 per cent of Iran's oil exports.

The EU sanctions, along with other punitive measures imposed by the U.S., are part of Western efforts to derail Iran's disputed nuclear program, which the West fears is aimed at developing atomic weapons. Iran denies the charges.

"We have our own customers and have no problem to sell and export our crude oil to new customers," said the Oil Ministry's Ali Reza Nikzad-Rahbar.

Britain's Foreign Office declined comment and there was no response from France. THE ASSOCIATED PRESS

VAHID SALEMI/THE ASSOCIATED PRESS

▶ In this Sept. 27, 2000, file photo, an Iranian oil worker works at an oil refinery in Tehran.

Greek PM scrambles for bailout

Greek Prime Minister Lucas Papademos rushed to Brussels on Sunday, a day before eurozone finance ministers have to decide whether his country will get a $170-billion bailout and avoid a potentially devastating default.

Leaders from Germany, Italy and Greece have said they are optimistic that the deal on a second bailout for Athens can be clinched after months of delay, but critics doubt the Greek political leaders' commitment to austerity and there are difficult details to be ironed out. Greece is straining to secure the rescue loans and the debt-relief deal quickly to avoid defaulting on a $19-billion bond redemption on March 20.

The government has already pushed a massive austerity and reform package though parliament and is expected to introduce in parliament on Monday two more pieces of emergency legislation — including wage and pension cuts.

High-level finance ministry officials from 17 euro countries were already meeting in Brussels Sunday to evaluate Greece's latest austerity plan. Germany and other rich euro countries want Greece to set up a separately managed account that would ensure that the country services its debt.

THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. FRIDAY

TSX	Dollar
- 27.29 (12,458.30)	+ 0.08¢ (100.43¢ US)

Oil	Natural gas	Gold
+ 93¢ US ($103.24 US)	$2.68 US (+ 12¢ US)	$1,725 US (- $3.40 US)

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THE COST OF LIVING IN VANCOUVER

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METRO VANCOUVER

Take heart, Vancouver. Our West Coast burg now lays claim to yet another rankings distinction, that of North America's most expensive city. Once again, we're No. 1! So let your pals in Toronto know about this achievement, because it's one that you are paying for.

This news comes from the Economist Intelligence Unit and its Worldwide Cost of Living Survey. It's not a perfect measure: it looks at the cost of an expatriate lifestyle in more than 130 cities by way of 160 products and services, not including real estate.

But it tells us once again that something is out of kilter with the idea that Vancouver works for those who aren't already affluent.

"Ask yourself this: has your income made annual gains the way the prices of housing and fuel have?"

You'll recall it was The Economist that once declared this city the world's most liveable. But no more. Nowadays, we are on the map for sky-high housing costs and escalating living expenses.

Not only are we the priciest in Canada, but we are more expensive than any city in the U.S., including glitzy Los Angeles, industrious Chicago and, gulp, even New York, the world's financial capital.

So how did we get here? The strength of the Canadian economy and our dollar's valuation have not helped matters. Nor do hidden costs and fees on goods and services.

Everything seems to cost more these days — and not just sustainable sushi dinners or swimming lessons for the kids. The costs of staples like transportation and groceries are way up. Meanwhile, wages remain relatively flat. Ask yourself this: has your income made annual gains the way the prices of housing and fuel have?

Notably, folks have figured out that something is amiss and are getting creative about how and where they spend their hard-earned loonies. Many are flocking to jurisdictions outside B.C.

On weekends, thousands of locals pour over the border to buy everything from fashion and electronics to — wait for it — milk and cheese.

Consumers from the Lower Mainland have created a parallel economy in U.S. cities like Bellingham — where the airport is dubbed by some as "Little Canada" given the proliferation of Canadians there flying with low-cost airlines.

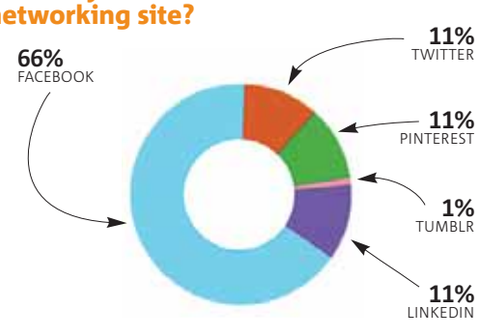
And, yes, some Canadians have even taken to buying properties south of the line, especially in sunbelt states like Arizona.

I don't begrudge them. This cross-border flow of money is healthy for American businesses and Canadian customers.

Because what used to be dubbed the best place on earth is now choking on its cost of living, and ordinary folks are paying the dearest price. It's the kind of environment that might drive someone to make a cross-border dairy run. Got milk?

Metropolitan Panel
Register at metropolitanpanel.ca and take the quick poll

What is your favourite social-media networking site?



Local tweets

- **@richardwagamese:** Packing for National Aboriginal Achievement Awards gala in Vancouver. What an incredible honor....
- **@riazmeghji:** Good times at the Van @bachelorCA auditions. Props to the dude who showed up wanting to be the Bachelor. Highlights on @bt_vancouver Monday
- **@Grimdis:** ride a bike in Vancouver and you are liable to get rained on. still beats the bus!
- **@donnaM13:** @Starbucks why no almond milk as a dairy substitute for us who can't do soy?? #Vancouver
- **@jason_baker:** RT @Miss604 : 2 million views on YouTube for #Vancouver's @SpandyAndy - he's a sensation! Let's get #SpandyOnEllen
- **@heymissteacher:** My favourite stroll in #vancouver? Over the Granville St Bridge
- **@lesleyanne_xox:** The real housewives of Vancouver? You've got to be kidding me. #trashtv #embarrassing

Daily Zoom

NIKITA NOMERZ/REX FEATURES

Screaming wall

Putting a smile on buildings

NIZHNY NOVGOROD, RUSSIA. If walls could talk, they might look something like this. In the Russian city of Nizhny Novgorod, street artist Nikita Nomerz gives dilapidated urban spaces a bit more personality by painting whimsical faces that express everything from happiness and anger to anxiety and deep thought. MWN

1

It takes Nomerz one hour to complete one of his "wall faces." In an interview at a recent Russian graffiti festival, Nomerz identified his home country's own particular style of street art: "Being able to draw outside in -25 degrees, now that's our style!"

They're like 'actual people'

OPINION. Through his art, Nomerz hopes people can cherish their surroundings. "It'd be nice if people began paying more attention to what's around them," he says. He treats his wall faces as if they were real people: "I do not want to offend any of them, speaking about just one. Because these walls are alive." MWN

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The legacy of Whitney

As the singer is laid to rest, experts ponder her legacy and what it means for her music

HEIDI PATALANO
SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

JAKUBASZEK/GETTY IMAGES

▶ Will Whitney Houston become a top deceased celebrity earner like Michael Jackson and Elvis Presley?

As Whitney Houston's funeral took place this past Saturday, the tragedy of her death is still fresh in our minds. However, Houston, like Michael Jackson, may have a legacy that can outlive our collective memory of her somewhat tainted past.

But that doesn't happen on its own. There are professionals who specialize in the act of "sanitizing" the image of a deceased celebrity. "The estates of dead celebrities these days are so savvy and there's a handful of people that manage it in Hollywood," explains Jo Piazza, author of Celebrity Inc. How Famous People Make Money. "Whitney's estate will likely sign on with one of them because they know what to do to kind of sanitize a celebrity who has died in an unsavory way. They're also bulldogs to make sure that the image is not used in a way that is one, not profitable for them and two, will continue to damage the brand in perpetuity."

Piazza notes that Michael Jackson's estate used the same experts that had worked on Elvis Presley's estate after he died. Many may forget that Presley also died young and, on the toilet. But Jackson and Presley at the top two dead celebrity earners. Why? Because they present branding that allows new generations to become fans and then, consumers.

"Michael Jackson's estate benefited from the fact that Conrad Murray was convicted," she says. "That kind of clears his name and de-stigmatizes him going forward. The way Whitney Houston died, that's not a family-friendly way to die. And if you die in an un-family friendly way, similar to Amy Winehouse, it's hard for parents to encourage that next generation of consumers to sign on to this brand."

Michael Jackson and Elvis Presley's respective Cirque du Soleil shows, in addition to Presley's Graceland, not only generate big money for their estates, but indoctrinate new generations as fans of their music.

But can Houston manage to overcome the same sort of branding crisis? Piazza doesn't think so. "I don't think that her brand was as strong as Jackson and Presley's," she says. "I don't think that she had a strong enough catalogue in one genre to be able to do anything in perpetuity."

Piazza also notes that because Houston did not write her songs, she also stands to make less money from her catalogue going forward.

Dorothy Pomerantz is an entertainment journalist for Forbes Magazine and compiles the annual list of top-earning dead celebrities. She takes a more hopeful perspective on the future of Houston's legacy.

"Yes, the way Whitney Houston died was incredibly sad, but what's going to matter is how her heirs and her estate managers handle her name going forward," Pomerantz says. "There's no reason that something similar [to the success of Presley and Jackson] couldn't happen with Whitney Houston after her estate and her name have had room to separate from the way she died. Five years from now, will Whitney be remembered for her grace and for her songs? Or will she be remembered for dying from whatever comes out in the autopsy? It takes PR and smart planning and smart work. There's potential there."

$10M
The amount Houston's estate may earn in the next 12 months according to estimates by Forbes Magazine.

On casting a Houston biopic

We asked movie critic for Fandango.com Grae Drake to speculate as to who could play the key roles in a Whitney Houston biopic if one were to be made today. But Drake warned us first, that the public will need distance from her death in order to appreciate a fictionalized retelling of her life. "Biopics usually do better when people have had time to forget what it was like to live through it in the news," she says.

METRO

GETTY IMAGES

▶ Jennifer Hudson

The cast

Who would play Whitney Houston and Bobbi Brown?

- **Whitney Houston:** "Jennifer Hudson is who everyone is bringing up for this," says Drake.
- **Bobbi Brown:** "The thing about Don Cheadle is that he can really bring something deep to a figure whom I think is largely unsympathetic. Getting the right performer in there could really turn the tide of public opinion," says Drake.

2 scene

Box office

The weekend box office is too close to call as the action tale Safe House and the love story The Vow compete for the No. 1 spot. Based on Sunday's studio estimates, Denzel Washington's Safe House had a slim lead with $24 million from Friday to Sunday. That's a fraction ahead of Rachel McAdams and Channing Tatum's The Vow with $23.6 million. The winner won't be known for certain until Tuesday, when studios will report final numbers for the long holiday weekend. The top-five was bunched up tightly. Nicolas Cage's sequel Ghost Rider: Spirit of Vengeance opened at No. 3 with $22 million.
Journey 2: The Mysterious Island was No. 4 with $20.1 million. Reese Witherspoon's love-triangle comedy This Means War debuted at No. 5 with $17.6 million.

THE ASSOCIATED PRESS

Aretha Franklin remembers Whitney Houston in show at Radio City Music Hall in NYC

Is there a sex tape of Adele?

- After rocking the Grammys, things were going a bit too well for Adele
- French magazine publishes photos that claim to show singer having sex

In a sure sign that she's officially famous, Adele is suing French magazine Public for publishing fake photographs claimed to be from a sex tape featuring the Grammy winner, according to the Daily Mail.

"We are informed that the French magazine Public has today published images which it claims show our client in a sex tape," Adele's lawyers said in a statement.

"Our client has not appeared in a sex tape as claimed in the article. Our client does not appear in the photographs. Such claims are untrue and grossly defamatory. Our client is taking legal action in relation to this matter."

METRO

"Our client has not appeared in a sex tape as claimed in the article. Our client does not appear in the photographs."

ADELE'S LAWYERS

ALL PHOTOS GETTY IMAGES

▶ Adele

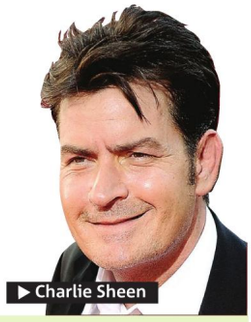
'I'm tired of lying': Sheen

After months of playing nice and polite, Charlie Sheen is lashing out at former employer Two and a Half Men and the show's new star, Ashton Kutcher.

"I'm tired of lying. I'm tired of pretending the show doesn't suck. I'm tired of pretending Ashton doesn't suck," Sheen says in a new rant to TMZ.

"It's nothing personal. I just feel bad for him. He's saddled with such bad writing." So what spurred the tirade?

Apparently Sheen used an image from Two and a Half Men to promote his new show, Anger Management, which triggered a cease and desist order from his old bosses. METRO



▶ Charlie Sheen

Celebrity tweets

@JohnTheCho

Overheard at playground from one mom to another: "I've been to sooo many strip clubs."

@EvaLongoria

How is it 2012 and we're fighting over birth control?

@SarahKSilverman

If you feel like everyone is judging you, congratulations! You're an alcoholic

@kevin_nealon

Seeing '5 refills' on my bottle of Valium is like seeing my car's gas gauge pointing to full.

First comes puppy, then comes baby?

Jennifer Aniston and Justin Theroux have expanded their family, Theroux admits — by adopting a puppy.

"She's the most adorable little cookie you've ever seen," Theroux tells New York magazine.

"She looks like she just smoked an exploding cigar."

15 Last year, Aniston had to say goodbye to one of her dogs, 15-year-old Norman.

The dog, named Sophie, is a 3-month-old boxer-pitbull mix, the actor and screenwriter says.

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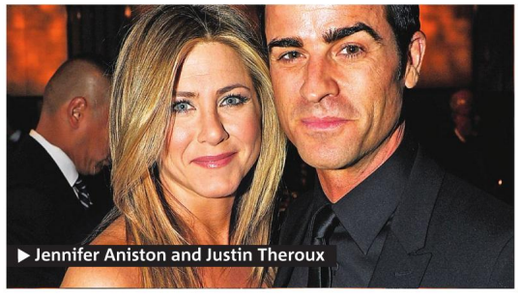

▶ Jennifer Aniston and Justin Theroux

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Cannon's health crisis

His mild kidney failure last month apparently wasn't the end of Nick Cannon's health problems, as he admits he's spent more time in the hospital because of blood clots in his lungs.

"Actually, it's quite serious. I didn't even know. I was actually trying to downplay it a lot — even in my own mind — not go to the hospital because I was having a lot of pain in my back and I thought it was the typical kidney pain that I had been experiencing, but I thought it had been a little bit heightened," Cannon explains on his radio show. "My doctor was like, 'Luckily, you're in shape, because most people who get blood clots in their lungs can't breathe and they stop breathing, like, forever.'" METRO

▶ Nick Cannon

Janet may soon be a judge on the X factor

Speculation is running rampant that Fox will announce Janet Jackson as a new judge for the X Factor, according to Us Weekly.

"She wants a spot on the judging panel," a source says of the singer.

And an exchange she shares with Anderson Cooper when he mentioned the reality show during a recent interview doesn't help.

"Oh my God," she said, bursting into a fit of giggles and covering her face. "No, I am not a judge on the X Factor."

When Anderson corrected her with, "You're not currently a judge on the X Factor," Jackson stealthily replied, "No, I am not. But that's all I really think I should say." METRO

▶ Janet Jackson

32 ways to make someone happy

Some are clever, some are obvious — and you could be doing all of them for friends, family and even co-workers

GETTY IMAGES

1 Smile. Try it this morning on the subway.

2 Help carry something home from the grocery store

3 Send a thank-you email. Even if it's just thanking a friend for being alive.

4 Call just to see how they're doing.

5 Yes, even your mom. Especially your mom.

6 Pick them flowers.

7 Cook them a nice meal.

8 Try a fish dish — the Omega-3s will brighten their mood.

9 Tell a joke.

10 Try this one from Chris Rock: "People are starving all over the world, what do you mean, 'Red meat will kill you'? Don't eat no red meat? No, don't eat no *green* meat. If you lucky enough to get your hands on a steak, bite the crap out of it!"

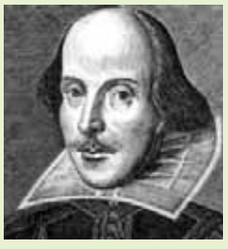
11 Or if you're really lazy, peel and slice an orange — no one loves doing that, you get all sticky for them.

12 Surprise them with a clean house.

13 Give them a cherished book.

14 Write a love letter to a loved one.

15 Extra points for not quoting another author.



16 Bake cookies.

17 Praise them publicly.

18 Just not on Facebook, if they're not into that. Keep it amongst friends.

19 Thank a co-worker for a job well done.

20 Listen.

21 Be there when they're in need.

22 Give someone an unexpected hug.

23 Spend time with them.

24 Get into a TV series together. We recommend Community or Breaking Bad on DVD.

25 Do errands or chores for them.

26 Say I love you. Again, only to someone who might want you to.

27 Be proud of them.

28 Babysit if they need it.

29 House sit if they need you to.

30 Create a care package.

31 Include chocolate.

32 Love them, completely.

LEO BABAUTA/ ZENHABITS.NET/ METRO PANEL

3 life

Young vamps

Vampires have come to Dundurn, Sask.

The small town is the setting for the new movie Rufus, a coming-of-age teen vampire drama written, directed and produced out of Saskatoon.

It stars Canadian actress Kelly Rowan, best known from the hit TV show The O.C.; Saskatchewan native Kim Coates from Sons of Anarchy; and British newcomer Rory Saper as Rufus, a lonely teen fanger who longs to be human.

Producer Anand Ramayya says director David Schultz visited many towns before choosing Dundurn as the kind of place where his young vampire protagonist could "try to find himself."

THE CANADIAN PRESS

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Dad guns down daughter's laptop after Facebook rant

Sweets & treats for little hands

Medjool Date Ice Cream Bonbons are sweets you can make with the kids

NATURAL DELIGHTS MEDJOOL DATES

▶ This recipe serves four.

Preparation:

1 Line a large baking sheet with parchment paper. Toast almonds in a small frying pan over medium heat for about 2 minutes or until fragrant and golden. Let cool completely.

2 Working in small batches to keep ice cream frozen, stuff a few almond slices into each Medjool date and then fill with about 1 ½ tsp (7 mL) ice cream. Place stuffed dates on baking sheet. Place in freezer.

3 When Medjool dates are frozen, remove from freezer and dip in melted chocolate. Return to baking sheet and freeze.

4 Serve on a platter, garnished with remaining almonds and dusted with icing sugar, if using. **NATURAL DELIGHTS MEDJOOL DATES/ THIS RECIPE WAS ADAPTED FOR METRO NEWS BY EMILY RICHARDS, A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR & TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA.**

Ingredients:

- 3 tbsp (45 mL) sliced almonds, toasted
- 8 large Medjool Dates, pitted
- ¼ cup (50 mL) vanilla ice cream
- 3 oz (90 g) milk chocolate, melted
- Icing sugar (optional)

Rose Reisman's Choose It And Lose It

For many of us, ordering appetizers is a natural part of the restaurant experience. Be careful with the deep fried options that you choose.

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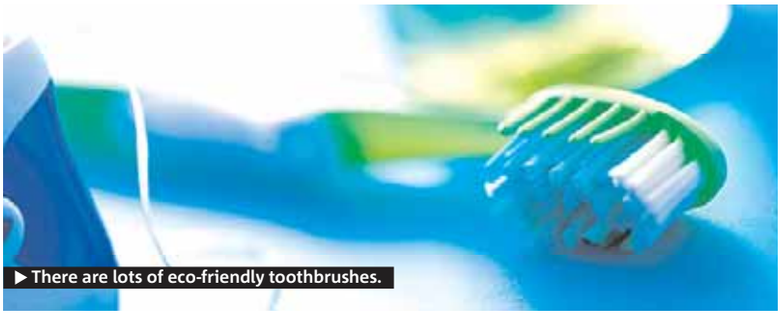
What's the eco-friendliest toothbrush? ***Cara of Vancouver***

ISTOCK PHOTOS



▶ There are lots of eco-friendly toothbrushes.

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA

Well, that depends on your preference of hard versus soft — boar bristles are stiffer than horse hair! I'm half kidding.

Until 1938, toothbrushes had bone handles and animal hair bristles. Today, nylon bristles adorn plastic handles and most of us send at least four of these to the landfill each year.

On a plastic diet but not vegan? You could try the boar hair bristle option. Two reviews I dug up: "you get used to the wet pig taste" and "gross."

Another plastic-free option is The Environmental Toothbrush™ from Australia. Its bamboo handle and polymer bristles are compostable and biodegradeable.

In Vancouver, you can find them at The Soap Dispensary on Main Street for five bucks.

What if last week's number five yogurt container turned into your next toothbrush? Meet Preserve.

This company's toothbrush handles (and razors) are made in the States from 100 per cent recycled plastic. And you can send the toothbrush back for recycling as part of their Gimme Five program. Learn more at Preserve-Products.com.

Radius makes Source toothbrushes with replaceable heads. And the reusable handle is made from flax, recycled plastic or old dollar bills!

Eco-dent takes a similar approach; their TerraDent toothbrush has replaceable heads with a handle to last a lifetime.

Both replaceable head options mean less plastic destined for the landfill.

Deep in my backyard compost bin I'm testing the biodegradability of a Clean Idea™ bioplastic toothbrush.

The resins is made from corn, wheat, tapioca and potato starches.

David Suzuki Foundation

From single mom to prosecutor

Woman funds education through grants, bursaries and part-time jobs ◗ Now runs her own law practice

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

Growing up in Trinidad and Tobago, Jeunesse Hosein came to Canada following an arranged marriage.

Working as a records clerk and raising a daughter, Jeunesse realized she wanted so much more out of life.

She left her arranged marriage and began studying to become a lawyer.

Funding her education through grants, bursaries and part-time jobs, the single mother even had to go on social assistance to make ends meet.

Finally, after many years of hardship, Hosein became a successful prosecutor and now runs her own practice.

"Keep focused on your goals because it helps through times of stress and negativity. Live now and don't forget to laugh. It is the cure for almost everything on earth," she said.

Tips for success

Jeunesse Hosein's thoughts on changing your life and career:

- Breathe. It can lead to breakthroughs and transport you to changes in your life.
- Network and build strategic alliances with resources.
- Have a support system. It always helps to pick up the phone and call a friend.

CONTRIBUTED

▶ Jeunesse Hosein

Remaking the music industry

BOOK REVIEW

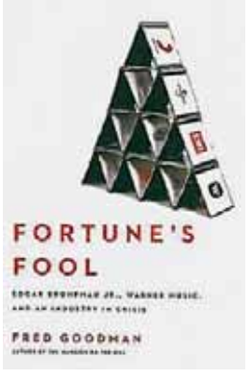
CRAIG LUND
LIFE@METRONEWS.CA

Fortune's Fool, By Fred Goodman; Simon & Schuster, $36.00, 286 pages.

Behind every billionaire lies a story.

Take the Bronfman family, who got their start in the business of liquor sales during prohibition.

Fred Goodman's book, which is actually a story about the music business and the purchase by Edgar Bronfman Jr. of Warner Music Group, paints a salacious tale of a family of heirs gunning to outdo their predecessors.



Ultimately, they dismantle an empire with about as much sentimentality as they showed in the selling of the Seagram building in 1978 for a cool $75 million.

"Everything at Seagram, no matter how singular or closely tied to the Bronfman family legend, was for sale at the right price," writes Goodman.

There is no arguing that the music business is not what it used to be.

The confusion comes when a billionaire takes a (seemingly) losing bet on an industry to the tune of a few billion dollars, divesting some solid Dupont stock to boot.

This book takes a close look at Edgar Bronfman Jr.'s efforts to remake the music industry as an Internet-friendly business, including controversial artist agreements that take revenue cuts from streams formally exclusive to the artists.

CRAIG LUND, A DIRECTOR WITH THE STAFFING FIRM MARKETERS ON DEMAND, CAN BE REACHED AT CRAIG.LUND@MARKETERSONDEMAND.COM

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Relationships at home, with peers key to teens' mental health: Study

Girls and boys who reported stronger relationships also reported an overall healthier state of mental health

Interpersonal relationships at home, school and with peers appear to be critical for positive mental health among young Canadian teens, a major study suggests.

The survey-based examination of more than 26,000 students in Grades 6 to 10 is the latest in a series of studies since 1989-90 that takes the pulse of Canadian adolescents for comparison with their peers of the same age in more than 40 other countries.

"We focused it on mental health for a reason," said John Freeman, director of the social program evaluation group at Queen's University, and a study co-author. "Mental health is a large issue for Canada's young people right now. It's in our conversations ... it's in the news."

Freeman said that as obvious as it may seem, relationships with others are a key indicator as to whether a teen is mentally healthy.

The study, based on responses to questionnaires given to students during class time, examined how relationships with parents, teachers and peers reflect on mental health status.

"And we found consistently, no matter which group we looked at, even with neighbourhoods as well, that relationships mattered," Freeman said. "Those students who reported stronger relationships also reported better indices of mental health."

While adults often believe that teens' most critical relationships are with people their own age, Freeman said the study found that connections with adults also are important.

For instance, adolescents who reported finding it "very difficult" or "difficult" to converse with their mother are far more likely to have high levels of emotional problems than those who find it "easy" or "very easy" to talk to their moms.

And the study revealed a similar finding when it came to the ease or difficulty for a teen to speak to their fathers.

For boys, 45 per cent of those who reported difficulty conversing with their father were among those with the highest level of emotional problems, while 58 per cent of girls who had trouble talking to their dads were in that group.

Significant proportions of both boys and girls who found it difficult to communicate with their mothers also showed a high level of emotional problems relative to their peers — 49 per cent of boys and 66 per cent of girls.

When mental health issues do occur, girls report higher levels of emotional problems, while boys tend to experience more behavioural problems, such as skipping classes or getting into fights.

Overall, the study found that more young adolescents felt their parents understood them, compared to studies in previous years, although about three in 10 believed their parents expected too much of them, generally and at school.

While the 2010 international study on teens is not yet published, Freeman said the previous two reports in 2006 and 2002 showed that Canadian youth had the highest cannabis use compared to peers in other countries.

The Canadian study, sponsored in large part by the Public Health Agency of Canada, shows 40 per cent of boys and 37 per cent of girls in Grade 10 had tried marijuana.

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▶ Researchers found that about one-fifth of boys and one-third of girls reported feeling depressed or low on a weekly basis or more often.

ISTOCK IMAGES

Mental health

The study also found:

- Mental health rises as young people move from Grade 6 through 10, especially for girls.
- Higher proportions of young people reported being bullied. Freeman said the study suggests about 60 per cent of respondents had been victims of various kinds of bullying.
- Alcohol and cannabis are the most commonly used substances among Canadian youth. A significant percentage of students have used alcohol and cannabis at least once by the time they reach Grade 10.

JOHN ULAN/THE CANADIAN PRESS

▶ Vancouver's Henrik Sedin scores on Nikolai Khabibulin in Edmonton on Sunday night.

Canucks strike early, often

Vancouver make it 13 games without regulation loss ◐ Have won 4 of 5 vs. Oilers this season

Daniel and Henrik Sedin both had a goal and an assist as the Vancouver Canucks continued to be one of the hottest teams in the NHL with a dominating 5-2 win over the Edmonton Oilers on Sunday.

Sami Salo, Kevin Bieksa and Chris Higgins also scored for the Canucks (38-15-6), who won their fourth in a row and are in the middle of a 10-0-3 run.

Vancouver sit two points back of Detroit for first place overall.

Shawn Horcoff and Magnus Paajarvi responded for the Oilers (22-30-6), who have lost three in a row and five of their last six to sit second last in the league.

CANUCKS	OILERS
5	2

The Canucks came flying out of the gate and were rewarded just 53 seconds into the game. Daniel Sedin sent the puck cross-ice to Henrik Sedin, who had all the time in the world to put it into the net with Edmonton starter Nikolai Khabibulin unable to get across in time.

Less than five minutes later Vancouver took advantage of a 5-on-3 power play. Salo slammed home a one-timer from all alone in front of the net for his 300th career NHL point.

The Oilers had only five first-period shots on Canucks goalie Cory Schneider against 17 by Vancouver.

Devan Dubnyk came in to start the second period for Edmonton with the Oilers reporting Khabibulin had suffered a groin injury.

It was Edmonton's turn to score early in the middle frame. Ryan Smyth saw Horcoff streaking in and hit him with a pass from the side of the net. Horcoff scored his 11th of the season 1:08 into the second to make it a 2-1 game.

Vancouver restored its two-goal cushion with five minutes to play in the second when Bieksa kept a puck in at the point and then scored on a long shot through traffic.

Two minutes later it was 4-1 for the Canucks when Higgins took a feed in the slot from Jannik Hansen and beat Dubnyk with a quick shot to the glove side.

Paajarvi responded for Edmonton responded with 1:37 left to go in the second, but the Canucks put it out of reach early in the third on Daniel Sedin's 26th goal of the season, set up by Alexandre Burrows.

THE CANADIAN PRESS

Overrated?

The Vancouver Canucks are the NHL's most overrated team, according to a Hockey Night in Canada survey of players.

- The Canucks — who lost the Stanley Cup in Game 7 last year and sit second in the NHL standings — were voted the most overrated team by 24 per cent of the 318 players who responded to the survey.
- The Toronto Maple Leafs, at 18 per cent, was the second most overrated team, followed by the Washington Capitals at 15 per cent and the New York Rangers at 9 per cent. ● METRO

Whitecaps beat CIS champs in exhibition match

The Vancouver Whitecaps had a scare put into them by the Canadian university champions.

Matt Watson's goal in the 51st minute was the difference as the Whitecaps edged the University of Victoria Vikes 2-1 in exhibition play Sunday.

The first game between an MLS team and a CIS team featured two penalty kicks, the first coming 10 minutes into the game.

The Whitecaps took a 1-0 lead after forward Darren Mattocks was pulled down by Gavin Barrett.

On the ensuing penalty kick, Davide Chiumiento hit the post on his first shot but was granted a second after Vikes goalkeeper Elliot Mitrou was ruled to have come off his line early.

Chiumiento then converted the second shot to put Vancouver ahead.

Watson's goal after the half seemingly put the Whitecaps in a comfortable lead.

But Vancouver midfielder Jun Marques Davidson was ejected on his second yellow card for bringing down Thomas Mallette, allowing Craig Gorman to score on a penalty shot in the 66th minute to cut the lead to 2-1.

The Vikes poured pressure onto the short-handed Whitecaps, but couldn't score the equalizer despite great late chances by Gorman and Mallette.

THE CANADIAN PRESS

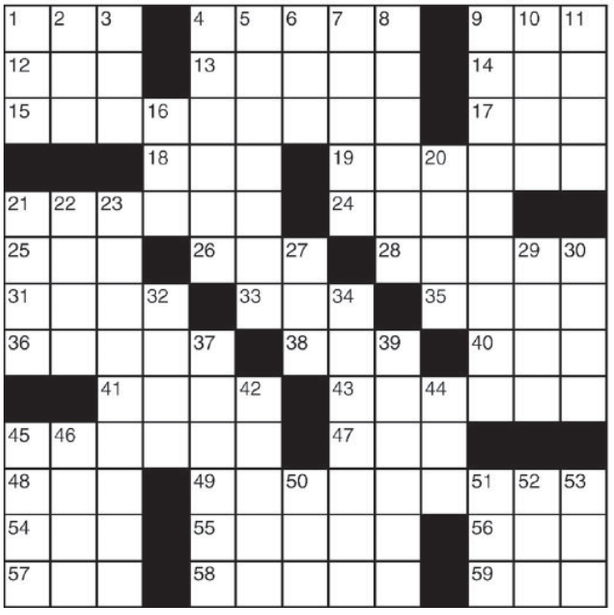
Quoted

"I don't really follow all those rumours. I worry about right now, and right now I've got a game to play in a couple of hours."

COLUMBUS BLUE JACKETS STAR RICK NASH, SPEAKING TO REPORTERS IN NEW YORK ON SUNDAY AHEAD OF A GAME AGAINST THE RANGERS, ONE OF THE TEAMS RUMOURED TO BE IN THE RUNNING TO TRADE FOR HIM.

Scan code for more sports news.

Crossword



Across

1 Salary
4 Lying facedown
9 Wheel centre
12 "Born in the —"
13 Staffers
14 Yoko of music
15 Colorado mountain
17 Can metal
18 Definite article
19 Sloppy home
21 "Little — Annie"
24 Filth
25 Roman 7
26 Stitch
28 Propelled a rowboat
31 Catch sight of
33 Water barrier
35 Ancient Persian
36 Scatter anew
38 Not well-lit
40 How old you are
41 Witticism
43 Escaped, as liquid
45 Frothy dessert
47 Doctrine
48 Gorilla
49 1996 No Doubt hit
54 Meadow
55 Walking — (elated)
56 Beerlike beverage
57 Pen fluid
58 Chatty birds
59 Sunbather's goal

Down

1 Young pooch
2 "— was saying, ..."
3 Tibetan bovine
4 Turkish officials
5 Grew mature
6 Praise in verse
7 Some tides
8 Inuit
9 Long series of wins
10 One
11 Scrawny
16 Biblical verb ending
20 Agana's island
21 Finished
22 Get up
23 Weakling
27 Bankroll
29 Rim
30 Homeowner's document
32 Annie Lennox's "No More I Love —"
34 Armed citizenry
37 Insight
39 Plural of "Mr."
42 Indiana's state flower
44 Rock band's need, for short
45 West African nation
46 Unseal
50 A Bobbsey twin
51 Dine
52 — carte
53 Barbie's companion

▶ Friday's answer

I	L	K		L	O	S		A	R	R	O	Z
C	O	L		O	R	E		M	O	O	R	E
I	O	U		C	A	P	R	I	C	O	R	N
E	F	T		A	C	T	O	R				
R	A	Z	Z		L	A	T		S	A	G	A
			E	W	E		C	A	P	T	O	R
A	G	I	L	E				K	E	M	P	T
C	A	P	I	T	A		N	A	N			
S	L	O	G		W	H	O		D	A	S	H
			K	N	O	B	S		L	E	A	
C	A	P	P	I	S	T	O	L		O	A	R
O	P	T	I	C		E	D	O		H	R	S
P	R	A	N	K		L	Y	E		A	S	H

Sudoku

1	7						9	4
		2	4			5		
6			9		1			
8				5		4	1	
				3				
	6	5		4				2
			7		6			5
		6			4	9		
4	9						3	8

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ▶

7	2	4	1	3	9	5	6	8
9	5	1	4	8	6	3	7	2
3	6	8	2	5	7	1	9	4
2	8	5	6	9	4	7	3	1
1	9	3	8	7	2	6	4	5
4	7	6	5	1	3	8	2	9
8	3	2	9	6	5	4	1	7
5	4	7	3	2	1	9	8	6
6	1	9	7	4	8	2	5	3

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

dook
tell me one more time, you never have to wonder if you really feel the way i feel. slowly it's taking over me. and i love what cha do cause you know your delicious right?
FROM HOOKER

u
i love you more than anything in the world <3 love your babygurl <3 wannna work this stuff out love you
FROM ME

You are wrong
love may leave you outwardly, but they never leave you inwardly
FROM I CALLED YOU FIRST

Love you
When peoples imperfections are seen it is easy to think bad of them, alas, one thing does not make everything else untrue.
FROM IMPERFECT

For today's crossword answers and for expanded horoscopes, visit metronews.ca

Today's horoscope

♈ Aries March 21-April 20
Try to do things today with someone you don't usually get along with.

♉ Taurus April 21-May 21
You may think you can complete certain tasks in record time but why would you want to when you can spread the work around?

♊ Gemini May 22-June 21
You have been working hard of late and deserve a break.

♋ Cancer June 22-July 22
Think about changes you would like to make in your domestic situation. And once you have decided what they are act quickly and decisively.

♌ Leo July 23-Aug.23
Anyone who does not take what you are trying to do seriously today can expect to feel the full force of your Leo displeasure.

♍ Virgo Aug. 24- Sept. 22
Don't take what you hear too seriously today because most likely you are hearing only half the story — and the other half makes it clear there is nothing to get worked up about.

♎ Libra Sept. 23-Oct. 23
Give yourself plenty of time to finish whatever plan or project you are currently working on.

♏ Scorpio Oct. 24-Nov. 22
The most important thing today is that you take pleasure in what you are doing.

♐ Sagittarius Nov. 23-Dec. 21
You will want to be on your own today and if that annoys certain people, well, it's just too bad.

♑ Capricorn Dec. 22-Jan. 20
Don't complain, don't explain and don't make excuses.

♒ Aquarius Jan. 21-Feb. 18
You may have to fight to get yourself noticed today but the effort will be worth it.

♓ Pisces Feb. 19-March 20
Face up to what troubles you today and before you know it your fears will no longer be of any relevance. **SALLY BROMPTON**

Caption contest

DAVID GUTTENFELDER/ THE ASSOCIATED PRESS

CRAIG RUTTLE/ THE ASSOCIATED PRESS

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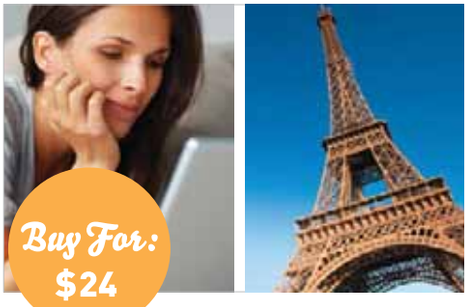

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